

**Shopping List for 3 meals: Pork Teriyaki Bowl,  
Marcella Hazan's Pasta Sauce with Pasta, Sheet Pan Meatball Gyros**

**Dairy**

- Milk (any kind)
- Feta or goat cheese - 1
- Parmesan - 1

**Dry**

- Brown sugar
- Whole tomatoes 28 oz - 1
- Cornstarch
- Garbanzo beans 15 oz - 1
- Ground ginger
- Honey
- Olive oil
- Pasta - 1
- Pita bread - 1
- Rice
- Rice vinegar
- Salt
- Saltine crackers
- Sesame oil
- Soy sauce

**Produce**

- Carrots - 1
- Garlic - 1
- Green bell pepper - 1
- Green onion - 1
- Lemon - 1
- Parsley - 1 bunch
- Red bell pepper - 1
- Red onion - 1
- Shallot - 1
- White or yellow onion - 1

**Fresh/Frozen**

- Edamame 16 oz bag - 1
- Ground beef or lamb - 1 pound
- Pork tenderloin - 2 pounds